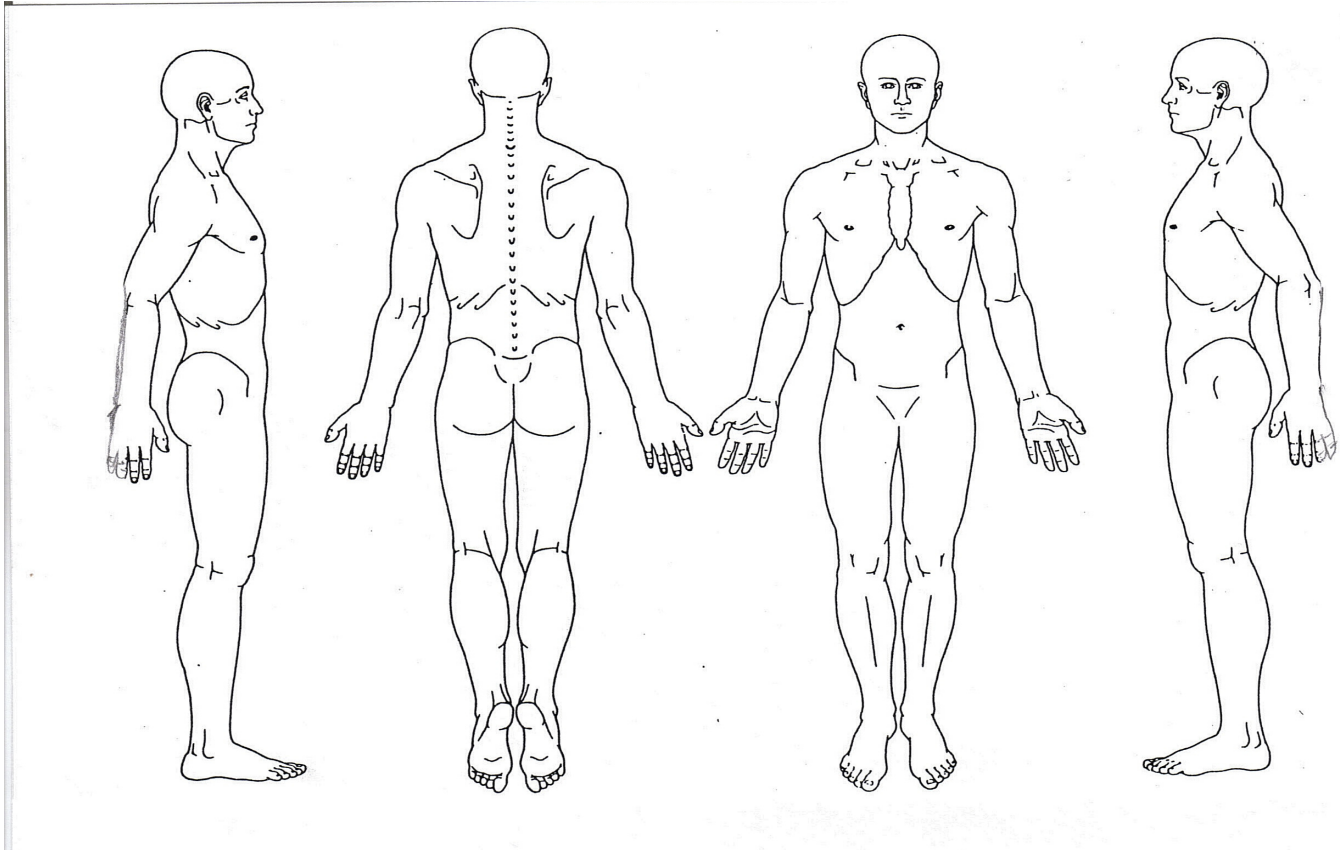


NAME: _____ DATE: ____/____/____

PLEASE SHADE IN THE AREAS OF CONCERN



MY GOAL FOR TODAY'S MASSAGE IS.....

- BASIC STRESS REDUCTION
- INTEGRATIVE; ATTENTION TO THE SHADED AREAS OF PAIN ABOVE.
- DEEP TISSUE MASSAGE
- SPORTS MASSAGE
- KINESIO TAPING
- LYMPHATIC MASSAGE
- CHAIR MASSAGE WITH ATTENTION TO THE SHADED AREAS ABOVE
- BE NICE TO ME' / TLC MASSAGE*
- OTHER: _____